



444 West Ocean Blvd, Suite #800
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www.pacificshoresfoundation.org 800.303.0131

"Artist Within" Cancer and Art Workshop

Through self-expression and creativity "Artist Within" introduces visual arts as a vehicle for cancer patients and survivors to express their challenges and triumphs and begin their healing process.

"My Palette" Sessions 1-2

One of the most daunting things about painting is creating the colors that you want. The first two sessions will focus on learning about our colors, from Primaries, Secondaries, Tertiaries and Complimentaries. Students will partner the colors they create with words they feel best associates with their colors, creating a personal palette of colors and words.

"True Me" Sessions 3-4

Surreal artist, Rene Magritte had an interesting method of doing portraits. . . he did it without drawing a face. Artists will be guided to do their own self-portrait in this manner, but with another twist. The portrait will open up to reveal what the artist's feel is their true self.

"Yesterday, Today, Tomorrow" Sessions 5-8

A time of reflection, a time of appreciation, a time to look forward. . . artists will create art inspired by their lives before cancer, their lives now and their hopes for the future.

Workshops, supplies and parking are free of charge.

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